

NOVEMBER 2019-20 CENTS- EDITION 61

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#### Top 5 most amazing planets by Hatziavraam Stratos 1st Grade

#### SPECIAL POINTS OF INTEREST:

- Narrative: First day in Junior High School
- School sports Day
- New Make-up line by Lady Gaga
- Are you a Master Chef fun? Meet the judges...
- How many morespecies are we going to kill?
- How about taking risks?
- Fortnite..is it worth

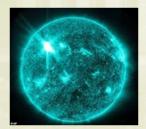
#### GLIESE 436 B

GLIESE 436 B is the burning frozen planet. It has a surface temperature up to 500 degrees C, but an inside temperature of 300 degrees C. The strangest thing is that its made of hot ice. You might say that it's impossible, but actually it is possi-



ble. That's because it's ice 10, a type of ice that is made due to the powerful gravitational pull of the planet.

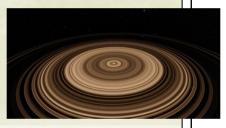
#### 55 CANCRI E



55 CANCRI E is a very valuable planet, because 1/3 of it is made out of real diamonds! That's because it's mostly made out of carbon and has high temperatures and powerful gravitational pull. This is what makes the diamonds. It's so valuable that in current diamond prices it costs 22 NONILLION

#### J1407B

J1407B is an absolutely amazing planet. It's made out of a small centre, but 30+ rings! Its rings diameter is X200 the diameter of the centre point. If you put J1407B in the place of Saturn, you would see it in nightime from the Earth!



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### Pesticides in fruit and vegetables by Mantzaridou Fani 2<sup>nd</sup>

Most of us know that fruit and vegetables contain pesticides.

But which are the most dangerous ones?

For the tenth consecutive year the non-profit organization 'Environmental Working Group' has released the most contami-

nated pesticide products from a test of 48 different fruit and vegetables. Unfortunately 65% of these products came out positive.



Vine bean Strawberries Tomatoes Nectarines Cucumbers Peppers Apples Celery Peaches Grapes Pesticides have been linked to developmental problems in children .They can also act as carcinogens or put the endocrine system out of function.

# FIRST DAY IN JUNIOR HIGH SCHOOL by Fotini Giantsouli 1st Grade



The big day has come. It is the day when you pass the gate of this great and unexplored

place .Most people tell you that high school is very difficult and stressful, but if you read well and pay attention in class you will enjoy all the lessons and all the teachers .Think that you will learn new things and you will ex-

perience new experiences with new friends and new activities. You will surely feel proud that you have

grown up and matured. You also became a high school kid. Here you can make new friends who will be next to you in the good and bad moments of your school life. Good friends who will support you and help you with anything you need. You have to know that friends are the best companion in school. You are a teenager now, stand up, smile and be proud of yourself. In this way your new life in junior high school will be even more funny and exciting.

# SCHOOL SPORTS

#### PANHELLENIC DAY OF

#### **SPORTS**

The Panhellenic day of sports has come!

This year all schools in Greece celebrate dthis day on Friday 27<sup>th</sup> of September. This day's purpose is for the student to play, have fun, run, jump and love sports. Usually schools go on a school-trip and visit some athletics centers.

On Friday, we went on foot to the nearest football field and we spent a few happy hours learning and experiencing various sports like: basketball, football, volleyball, handball and others.

This year's motto was:

"LET'S ALL PAR-TICIPATE!!"

We all took with us a hat, athletic shoes, water and our best mood and had a really great time.

Sport is not only good for our body but mainly for our health and mood.

**Aris Emmanouilidis** 1st Grade



## Haus Laboratories

Lady Gaga's new make-up line by Michaela Salis 1st Grade



Lady Gaga is an incredible singer and actress and we all know that. Recently, she and her team, Haus of Gaga, launched a new cosmetics line. Its products are sold exclusively on Amazon worldwide and are 100 % vegan and cruelty-free. But this make-up line hasn't usual products. They are for people who want to be eccentric and stand out from the crowd. More specifically, they

are like Lady Gaga's special style that we are all used to see. The basic idea came from her insecurities about herself. When she was only 10 years old, she thought she wasn't beautiful but she knew about the power of make-up. As she characteristically says, at Haus Laboratories beauty is how you see vourself.



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#### MASTER CHEF JUDGES

All of us got to know them from the TV show MASTER CHEF. They are our judges PANOS IOANNIDIS, SOTIRIS KODIZAS and LEONIDAS KOUTSOPOULOS so I made a little research for them and this is what I found out.

#### LEONIDAS KOUTSOPOULOS



He never finished the cooking school which he started after high school, but that was not an obstacle for him to enter the kitchen of Semiramis and from there, with a bold jump, to find himself in London to "study" at a top restaurant with Gordon Ramsey. He has worked in some of the world's largest restaurants such as NOMA in Copenhagen and MUGARITZ in Spain.

#### **SOTIRIS KODIZAS**

His father is Greek and his mother is Japanese. Sotiris Kontizas learned from a young boy to combine cultures and many different qualities that made him experiment early. His decision to finally become a chef and put all his above -mentioned skills in the service of an international career at dizzying speed has proved to be right.

by Skargiotis Evangelos 2nd Grade





# PANOS IOANNIDIS Having focused from his school years on the love of the kitchen, he outlined an ambitious development strategy very early and was rewarded. His resume is a rich mosaic apprenticeship, which besieges the kitchen from every possible point of view. From food styling, food design and food photography to business plan-

ning and gastronomy manage-

ment.



# "Dead as dodo" By Vasiliki Koutromanou. 1st Grade



The animal kingdom is huge and it is still unknown how many species existed.

However, it is certain that humans are the most numerous large creatures on earth. It is our fault that more than 5000 animal species are known to be endangered. Unfortunately, at least one dies every day.

The dodo is a great symbol of extinction. It was a large bird but flightless like penguins. This bird used to live on the island of Mauritius. Sadly, sailors landed there and this helpless animal died because its eggs were eaten by dogs and cats and it was also eaten by people. Tragically, dodo had become extinct by 1681.



#### Top 5 most amazing planets by Hatziavraam Stratos 1st Grade (continued)

#### **HD 188753**

HD 188753 is a special planet, because it's in a 3-sun system! It orbits around the primary star and the other two orbit around it too. Well, its semi-habitable, but there might be life there!



#### **GLIESE 1214 B**

GLIESE 1214 B is a planet made entirely out of water and is called "WATERWORLD". Its surface is made out of liquid water and its core out of ice, but it's not even cold. Its ice is a type of ice that's made because of its gravitational pull.



#### TAKING RISKS

Many young people today are taking up extreme sports.

Some don't worry about the risks. They only think of the excitement and the challenge. On the other hand for some people it is really difficult to take risks. They may also be really scared of snakes, sharks, crocodiles, or practising extreme sports such as: sailing, skiing.

But many people who are not afraid to take risks say that they live only once and it is worth the experience and the wonderful feeling. So, by taking risks they are trying in a way to overcome their fears.

As for as I am concerned taking risks is fine as long as you do it within limits! Everything in moderation!!!

Konstantinos Doxakis 2nd Grade

#### **FORTNITE**



During the last 3 years there is a video game which has become very popular among young people,

FORTNITE. This game has many followers from all ages and this is not good, because Fortnite shows violence and lots of kills and is is addictive to little kids. In this game, you can play with other people that you do not know, so it is dangerous. These people can tell you lies and that's why teachers and parents should supervise children. In this way this game won't be dangerous. It will be fun and kids can communicate with their friends

by Christopher Styliatis 1st Grade